

School Counselor Newsletter

PARENT
EDITION

Counselor Classroom Activities

Safe Touch

All of the classes will be discussing comfortable and uncomfortable touch.

We will cover the following topics:

- The difference between good/comfortable touch and bad/uncomfortable touch
- Everyone has a right to privacy
- We will practice saying “no” in uncomfortable or unsafe situations
- Understand the importance of not keeping secrets from their parents
- Know how to effectively seek assistance from an adult
- Understand what to do if an adult tries to trick or threaten them
- Identify adults who they trust and who can help - their “Green Light Adults”

UPCOMING REMINDERS/DATES



Thanksgiving Break
November 27th - 29th



Deadline to receive help
for the Holidays is
November 8th

*See page 2 of
newsletter

Some additional books about
Safe Touch that could be helpful
to read with your kiddo:

- [I Said No](#)
- [No Trespassing-This is My Body!](#)
- [The Swimsuit Lesson](#)
- [Do You Have a Secret](#)
- [Some Secret Should Never Be Kept](#)
- [No Secrets Between Us](#)

TIP OF THE MONTH:

Tips on How to Coach Your Child Through
Their Emotions: [CLICK HERE](#)

Positive Intent

See the best in others.



Power of Love

*We have the choice to see the best or worst in each other. **The Power of Love** asks us to see the best. It allows us to see the light within every person at any time. Seeing the spark of beauty in each person does not excuse behavior or eliminate consequences; it allows us to hold hope for the hopeless, safety for the fearful and encouragement for the discouraged.*

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COMMUNITY RESOURCE OF THE MONTH

Holiday Help - Are you in need of help OR are you wanting to help a family?

Ray-Pec Cares “Adopt a Family for the Holidays” Program

The holiday season can be a difficult time for some families who are facing tough financial situations and can be an opportunity for others to give back to their community and help those in need. If you are a family who needs help with presents and would like to be adopted OR a family, business or organization who would like to adopt a family please click this link:

[HOLIDAY HELP](#)

**PARENT
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**IN THE
SPOTLIGHT**

Parent Resources

Committee for Children Hot Chocolate Talk -

provides families with research-based tools to help start the difficult, yet critically important conversation about child sexual abuse prevention.

For the conversation guide, [click here](#).

SCHOOL COUNSELOR CONTACT INFORMATION

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