



**National  
PTA**  
everychild.onevoice.®

2019–2020  
NATIONAL PTA REFLECTIONS® THEME  
**LOOK WITHIN**  
Entries from all grades and all abilities welcome.

Reflections is a national contest that invites and encourages students to explore their creativity and artistry. Students submit original works of art displaying the theme “Look Within” in one or more of the following categories:



**Dance Choreography**



**Music Composition**



**Film Production**



**Photography**



**Literature**



**Visual Arts**

## Deadline for Entries - November 15, 2019

### *Here's what you need to know*

- 1) Students may enter one or more entries in each category. Artwork should represent what the theme “Look Within” means to you. Everyone’s interpretation is different so go with whatever you think.
- 2) Entries should be turned into the office by November 15, 2019. Entries should have the name of the student and teacher on the back of the artwork. If the work was created electronically please email or provide a digital copy of your electronic file to [Stephanie.como@raypec.org](mailto:Stephanie.como@raypec.org).
- 3) Any entry can only be submitted individually. Groups may be present in the work, for example a duet could perform the dance portion, however, only one team member may submit the entry into the dance choreography category).
- 4) Students can develop entries either in school or at home
- 5) Entries are judged within two divisions: K, 1st, 2nd & 3rd, 4th, 5th
- 6) There is a category for special needs students which offer non-artistic accommodations (see coordinator)
- 7) Winning entries will be submitted to the Missouri state competition. Winning entries in the state competition will then be sent to the National Competition.
- 8) Additional Artwork guidelines can be found on the back of this sheet.
- 9) Questions or Concerns contact Debbie Lerner at [janetlerner@att.net](mailto:janetlerner@att.net) or Stephanie Como at [Stephanie.como@raypec.org](mailto:Stephanie.como@raypec.org)

Entries will be judged by experienced artists for interpretation of theme, creativity and technique. We look forward to celebrating your artistry and achievement in the arts! Remember, entries are due by November 15th!

	<p><b>Dance Choreography:</b> Solo and ensemble works of all dance styles are accepted. Entrant must be the choreographer and may also be the performer, or one of the performers. If background music is used, cite it on the entry form. <b>Video</b> file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.</p>
	<p><b>Film Production:</b> Accepted short film styles include: Animation, narrative, documentary, experimental or media presentation. Use of PowerPoint is prohibited. Entrant must be the screenwriter, cinematographer, editor and producer. If background music is used, cite it on the entry form. <b>Video</b> file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.</p>
	<p><b>Literature:</b> Accepted forms of fiction and nonfiction include: Prose, poetry, reflective essay, screen play and play script, narrative, and short story. Entrants may write in their primary language as long as an interpretive English translation is also attached. Use of copyrighted material is prohibited. <b>Writing</b> must not exceed 2,000 words and may be handwritten or typed. Accepted formats: Single-sided print on 8 ½x11" paper, PDF file.</p>
	<p><b>Music Composition:</b> All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. Use of copyrighted material is prohibited. <b>Audio</b> file must not exceed 5 min. and 1 GB in size. Accepted formats: MP3, WMA, WAV, ACC, FLAC. <b>Notation</b> (score/tablature) in PDF format is only required for middle and high school divisions.</p>
	<p><b>Photography:</b> Photo must be a single print/digital image. Collages and collections of photos are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques including but not limited to, multiple exposure, negative sandwich and photogram. Use of copyrighted material is prohibited. <b>Print</b> image dimensions must be no smaller than 3x5 inches and no larger than 8x10 inches. Accepted print formats: Mounted on mat or poster board no larger than 11x14 inches. Framed prints are not accepted. <b>Digital</b> image dimensions must be at least 640x960 (pixels) and 300 dpi (resolution). Accepted file formats: JPEG, JPG, GIF, PNG.</p>
	<p><b>Visual Arts:</b> Works of both fine and design arts are accepted, including but not limited to: architectural drawing and models, ceramics, collage, computer generated images and graphics, crafts, drawing, fashion clothes and jewelry, fiber work, mixed media, painting, printmaking and sculpture. Use of copyrighted material is prohibited. <b>2D</b> artworks must be mounted on sturdy material and no larger than 24x30 inches with matting. Framed entries are not accepted. Include one digital image of artwork with your submission. <b>3D</b> artwork submissions must contain 3 digital images of artwork at different angles. Image(s) are used for artwork identification, judging and exhibition purposes.</p>
	<p><b>Special Artist:</b> Students who identify as having a disability and may receive services under IDEA or ADA: Section 504 may enter in the Special Artist Division <b>or</b> grade division most closely aligned to their functional abilities. See Official Rules for details.</p>