

Microwave Safe Packaging



*Safe for use directly in
your microwave!*



**NOT SUITABLE FOR THE
MICROWAVE!**

Only items in the above pictured 'deli' container are safe for use directly in your microwave. All other items should be placed in or on microwave safe plates and bowls.

Please let us know if you have any questions on cooking instructions for your 5-Day or 3-Day Meal Boxes: rpchildnutrition@gmail.com